# Mountain Valley Tours and Travels

(Registration no : UDYAM-GJ-22-0382578)

# BHRIGU LAKE TREK ( Easy )

**Duration:** 6 days **Price:** 15000.00

## Information

EASY TO MODERATE

MAX ALTITUDE 4300 MTS.

TREKKING 25 KM

## Schedule

**Day 1 Manali to Solang**

Arrive at Manali transfer to hotel at Solang valley. Hotel is situated in leap of mountains. Panoramic views of the mountain catch your eye and you can't take your eyes off it and you will fill peace of mind.

**Day 2 Activities**

Experience and Enjoy activities like **Rock climbing, Rappelling, River crossing**. Solang known as a adventure hub of Himachal Pradesh. Tourist around the world come to enjoy number of adventure activities.

**Day 3 Drive to Gulaba and than Trek to Rola kholi**

Start drive from solang to Gulaba. gulaba is located on manali - leh highway on way to rohtang pass. beas river floating on side and snowcap mountains adds beauty to the drive. then we will trek to Rola kholi campsite. As you gain height you witness change landscape from yellowish to green cushiony grasslands.

**Day 4 Rola kholi to Bhrigu lake and back to Rola kholi**

A steep climb make the trek bit demanding. but it is most assessable lake in such short route with such high altitude where clouds passes below you. View of some mighty peaks and ranges like Pir Panjal and walking through the dense forest, colorful flowers valleys, and camping in lush meadows are will rejuvinate your soul and fill your heart with warm memories.

**Day 5 Rola Kholi to Gulaba and drive to Solang**

Return on same route to Gulaba. descent is steep but with meadows and forest it becomes easy. It is one of the best grassland treks for beginners and families who want to try something adventurous.

**Day 6 Solang to Manali**

Drive from chandra tal to Solang After lunch depart from Solang to Manali. End of the journey.

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## Package Itinerary

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**Route:**

? Manali to Solang

? Solang to Gulaba and trek to Rola kholi

? Rola kholi to Bhrigu lake and back to Rola kholi

? Trek Rola kholi to Gulaba

? Solang to Manali

**Meals:**

? We use only quality products and provide Nutritious Hygienic Food

**Accommodation:**

?

**Inclusion:**

?? Accommodation : 1st day night at Solang hotel/tent & then after in Triple sharing tents .

?? All Meals : From first day to sixth day lunch. Professional certified trek leader.

?? Camping equipment : tent, sleeping bag, Mattress Gears and safety equipment.

?? All permits and fees.

?? Porters or horses to carry common luggage.

?? Manali to Manali transfers.

?? Activities: Rock climbing , Rappelling, River crossing

**Exclusion:**

? Portage of personal bag.

? Personal Expenses.

? Travel Insurance.

? Meals during road journey.

? Expeses occure due to changes in itinerary for out off organisational control

? Anything other than inclusions.

## Additional Information

**Equipment list : We will Provide**

| | | | |
|---|---|---|---|
| Sleeping bag | Snow shoes(Kofla) | Crampons | Ice axe |
| Getter | Ruck sack ( normal) | Rope sling | Helmet |
| Mattress | Sleeping bag inner | Carabiner plain | Feather jacket |

**?? 50% Payment for booking**

**Cancellation Policy**

| Befor Departure Days 20 - 15 Day | Befor Departure Days 15 -7 Day | Befor Departure Days 7 -0 Day |
|---|---|---|
| 50% | 25% | 0% |

Things to Carry

| | | | |
|---|---|---|---|
| Plastic bag | Trekking shoes | Trekking Poles | Water bottle |
| Rucksack | Cold cream | Sun Glasses | Passport size photo |
| T shirt (3 Pair) | Towel | Trek trouser (2 Pair ) | Socks ( woolen as per requirement ) |
| Buff | Thermal inner suit | Personal medicine | Hand Gloves (water proof +one Pair normal) |
| Poncho | Flees jacket | Corona vaccine certificate | Head torch( with extra battery cell ) |
| Knee cap | Id proof( Xerox) | | |

## Picture Gallery

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