



Mountain Valley Tours and Travels

(Registration no : UDYAM-GJ-22-0382578)

BHRIGU LAKE TREK (Easy)

Duration: 6 days

Price: 15000.00

Information

EASY TO MODERATE

MAX ALTITUDE 4300 MTS.

TREKKING 25 KM

Schedule

Day 1 Manali to Solang

Arrive at Manali transfer to hotel at Solang valley. Hotel is situated in lap of mountains. Panoramic views of the mountain catch your eye and you can't take your eyes off it and you will fill peace of mind.

Day 2 Activities

Experience and Enjoy activities like **Rock climbing, Rappelling, River crossing**. Solang known as a adventure hub of Himachal Pradesh. Tourist around the world come to enjoy number of adventure activities.

Day 3 Drive to Gulaba and than Trek to Rola kholi

Start drive from solang to Gulaba. gulaba is located on manali - leh highway on way to rohtang pass. beas river floating on side and snowcap mountains adds beauty to the drive. then we will trek to Rola kholi campsite. As you gain height you witness change landscape from yellowish to green cushiony grasslands.

Day 4 Rola kholi to Bhrigu lake and back to Rola kholi

A steep climb make the trek bit demanding. but it is most assessable lake in such short route with such high altitude where clouds passes below you. View of some mighty peaks and ranges like Pir Panjal and walking through the dense forest, colorful flowers valleys, and camping in lush meadows are will rejuvenate your soul and fill your heart with warm memories.

Day 5 Rola Kholi to Gulaba and drive to Solang

Return on same route to Gulaba. descent is steep but with meadows and forest it becomes easy. It is one of the best grassland treks for beginners and families who want to try something adventurous.

Day 6 Solang to Manali

Drive from chandra tal to Solang After lunch depart from Solang to Manali. End of the journey.

Package Itinerary

Route:

- ? Manali to Solang
- ? Solang to Gulaba and trek to Rola kholi
- ? Rola kholi to Bhrgu lake and back to Rola kholi
- ? Trek Rola kholi to Gulaba
- ? Solang to Manali

Meals:

- ? We use only quality products and provide Nutritious Hygienic Food

Accommodation:

- ?

Inclusion:

- ?? Accommodation : 1st day night at Solang hotel/tent & then after in Triple sharing tents .

?? All Meals : From first day to sixth day lunch. Professional certified trek leader.

?? Camping equipment : tent, sleeping bag, Mattress Gears and safety equipment.

?? All permits and fees.

?? Porters or horses to carry common luggage.

?? Manali to Manali transfers.

?? Activities: Rock climbing , Rappelling, River crossing

Exclusion:

? Portage of personal bag.

? Personal Expenses.

? Travel Insurance.

? Meals during road journey.

? Expenses occur due to changes in itinerary for out of organisational control

? Anything other than inclusions.

Additional Information

Equipment list : We will Provide

Sleeping bag	Snow shoes(Kofla)	Crampons	Ice axe
Getter	Ruck sack (normal)	Rope sling	Helmet
Mattress	Sleeping bag inner	Carabiner plain	Feather jacket

?? 50% Payment for booking

Cancellation Policy

Befor Departure Days 20 - 15 Day	Befor Departure Days 15 -7 Day	Befor Departure Days 7 -0 Day
50%	25%	0%

Things to Carry

Plastic bag	Trekking shoes	Trekking Poles	Water bottle
Rucksack	Cold cream	Sun Glasses	Passport size photo
T shirt (3 Pair)	Towel	Trek trouser (2 Pair)	Socks (woollen as per requirement)
Buff	Thermal inner suit	Personal medicine	Hand Gloves (water proof +one Pair normal)
Poncho	Flees jacket	Corona vaccine certificate	Head torch(with extra battery cell)
Knee cap	Id proof(Xerox)		

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